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Supplemental Instruction Lanyards With Integral Energy Absorbers Used in Personal Fall Arrest Systems

Use this Supplemental Instruction with EZ Stop Energy Absorbing Lanyard User Instruction Manual 5902143 and WrapBax Energy Absorbing Lanyard User Instruction Manual 5902186.

This supplement provides additional information on the use of lanyards commonly referred to as “twin leg”, “Y” type, “double” or “100% tie-off” style energy absorbing lanyards. Please refer to DBI/SALA user instruction manual 5902143 or 5902186 for additional information on energy absorbing lanyards.

WARNING: These instructions must be provided to the user of this equipment. The user must read and understand these instructions, or have them explained to them, before using this equipment. Failure to follow instructions may result in serious injury or death.

Other practices that must be followed in order to use a 100% tie-off type lanyard safely include:

1. The energy absorber portion of the lanyard must be connected to the dorsal D-ring only. Use only the snap hook (or other connector provided) to attached the energy absorber portion directly to the harness dorsal D-ring. See Figure 1.

Figure 1 - Attach Energy Absorber Only to Dorsal D-ring

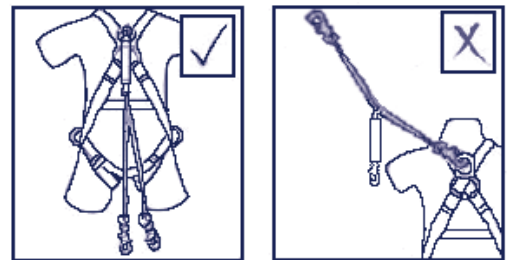
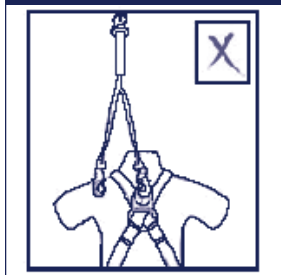


Figure 2 - Do Not Attach Energy Absorber to Anchor



2. Do not connect the energy absorber to the anchorage. See Figure 2.

3. Do not attach the unused leg of the lanyard back to the harness at any location unless a specially designed lanyard retainer is provided for this purpose. See Figure 3.

Figure 3 - Acceptable Designed Retainers

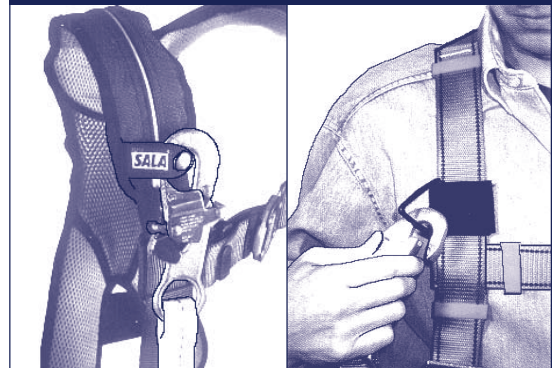
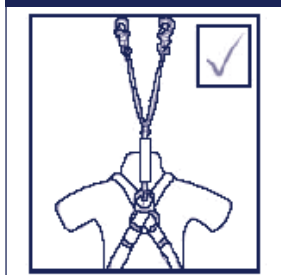


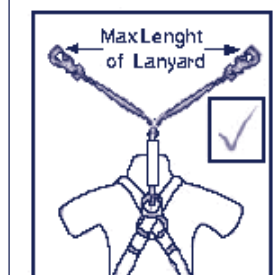
Figure 4 - Acceptable Attachment



4. Connection of both lanyard legs to separate anchorage points is acceptable See Figure 4.

5. When leapfrogging from one anchorage point to the next (such as traversing a horizontal or vertical structure) do not connect to anchorage points that are further apart than the lanyard length (as marked on the lanyard label). See Figure 5.

Figure 5 - Maximum Attachment Distance



6. Do not allow any lanyard to pass under arms or legs during use.